

Name: _____

Week Starting ____ / ____ / 2009

I:C ____ / ____ / ____

<i>Mon</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

<i>Tue</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

<i>Wed</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

<i>Thu</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

Name: _____

Week Starting ____ / ____ / 2009

I:C ____ / ____ / ____

<i>Fri</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

<i>Sat</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

<i>Sun</i>	6a	8	10	12p	2	4	6	8	10	12a	2	4			
G glucose															
I insulin															
C carbs															
X extra															
N notes													I:C		
													B	L	D

Notes: